

## Lectures

**No pre-registration required**

**All lectures take place in the Lasell Village Ballroom.**

Changes in the lecture schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk.

### **Book Production and Self-Publishing: How-To for Writers**

**Thursday, May 12, 2016**

**2:00 PM**

What do you do with your manuscript now that you've written it and want to self-publish? With the flood of online "print-on-demand" and self-publishing companies, how do you figure out the process? This lecture, by Associate Publisher Alison de Groot of Modern Memoirs, Inc., will explain the process of transforming your written manuscript into a book. From editing your work, to placing photos and captions, designing the interior and cover, and selecting the printing and binding materials, you will learn about the steps and patience it takes to create the book you envision.

Alison de Groot holds a master's degree in teaching. She taught in higher education for fifteen years, and has worked in self-publishing for fourteen years. She is passionate about working with writers and "non-writers" alike to help create their books with ease and exhilaration. We would like to thank resident Chris Wood for her assistance in organizing this lecture.

### **Literary Excursions with Suzi Naiburg**

**Tuesday, May 24, 2016**

**7:30 PM**

Please join me for a seminar-style discussion of brief excerpts from Ovid's *Metamorphoses*, Annie Roger's *A Shining Affliction*, the poetry of W.G. Sebald, Anne Carson's *Autobiography of Red*, and Seamus Heaney's *The Government of the Tongue* (provided in handouts). As we take these literary excursions together, we will explore how writers use words to construct worlds out of language and create different kinds of experiences for readers. Along the way, we will gather impressions of how writing works by invitation and suggestion in what I call the evocative mode. No prerequisites are required for your participation. Readers from all fields are welcome. Discussion will be encouraged.

Suzi Naiburg, PhD, LICSW, ([www.SuziNaiburg.com](http://www.SuziNaiburg.com)), is a graduate and faculty member of the Massachusetts Institute for Psychoanalysis in private practice in Belmont, MA, and the author of *Structure and Spontaneity in Clinical Prose: A Writer's Guide for Psychoanalysts and Psychotherapists* (Routledge, 2015). She is also a writing coach, teacher, and editor who taught expository writing at Harvard, more than seventy clinical writing workshops for psychotherapists, and two courses at Lasell Village. She is the daughter of Lasell resident Bobbe Naiburg.

## Exploring the Musical World of Frederic Chopin – Part 2

Friday, June 17, 2016

2:00 PM

One of the most beloved composers of the early 19th century, Chopin wrote piano music of extraordinary grace and poignancy. Join pianist Lois Shapiro, to continue delving into a sampling of his works in order to more fully appreciate the sophistication of his craft and to perhaps reveal the elements that contribute to the resultant musical magic!

Lois Shapiro has performed as a soloist and chamber musician throughout the United States as well as in the former USSR, Belgium, Holland, Switzerland, Hungary, Mexico and Canada. Her piano trio Triple Helix, in residence at Wellesley College, was chosen Musicians of The Year for 2003 by *The Boston Globe*. Lois was an instructor of piano at Smith College, the New England Conservatory, and Brandeis University. She is currently on the faculty of Wellesley College. She has given numerous master classes and lectures on subjects such as the nature of musicianship, as well as late Beethoven piano sonatas and Robert Schumann's music in relation to the early 19<sup>th</sup> century intellectual and aesthetic milieu. Ms. Shapiro recently won an Alumni Ventures award from the Yale School of Music. The grant will be used to fund the creation of secondary-school residencies in Boston-area schools.

## **Weekly Exercise Classes**

### **No pre-registration required**

Changes in the on-going weekly exercise class schedule will be announced in News and Notes and posted on the bulletin board at the Resident Services Desk.



### **Water Exercise with Lis Drake**

**Monday at 10:00 – 10:45 AM**

Class will not be held on days when the pool is closed.

### **Chair Yoga with Ruth Landsman**

**Monday at 11:30 AM – 12:30 PM in the Ballroom**

### **Balance/Core Strengthening with**

**Derek Munn, PT, DPT, OCS**

**Tuesday and Thursday at 8:30 – 9:15 AM and 2:00 – 2:45 PM  
in the Pestalozzi Community Room**

### **Group Exercise with Britta Zecher**

**Wednesday at 11:30 AM – 12:15 PM and Friday at 11:45 AM – 12:30 PM  
in the Ballroom**

### **Chair Yoga II with Ruth Landsman**

**Thursday at 3:30 – 4:30 PM**

**in the Pestalozzi Community Room**

### **Tai Chi with James True**

**Thursday at 11:15 AM – 12 noon in the Pestalozzi Community Room**

### **Aqua Stretch with Bernice Greenwald**

**Friday at 10:00 – 10:40 AM**

Class will not be held on days when the pool is closed.

### **Fitness Room with Paul Connolly**

Check weekly schedule in News & Notes or on the bulletin board.

# Courses

## **1. Do Other Religions Have to Be False if Mine is True?**

**Monday, June 6 – July 11, 2016**

**10:00 – 11:30 AM**

No class on July 4.

Father Walter Cuenin will explore the challenging issues of interfaith dialogue and inter religious coexistence. Most of us grew up in neighborhoods that were somewhat homogeneous. Catholics in Catholic areas, Jewish people in other areas and so on. Today we live in a different and more complex world. We live with people of many religions and perhaps no religion, and with those whose religion may seem quite different. How do we work to create a world community that can value many different faith communities and also be free to celebrate who we are? This is a challenge for our world and for all of us as we live in the 21st century. Father Cuenin will look at many religious traditions and point out the similarities and the differences. A famous professor once said that unless there is peace among the religions of the world, there will be no peace. This workshop will challenge us to think about this complex reality. This is a five week course.

Required reading: Handouts will be provided by the course leader.

Course leader: Reverend Walter Cuenin is a priest of the Roman Catholic Church. He was ordained in Rome at St. Peter's in the Vatican in 1970. He has served in parishes in the Archdiocese of Boston for almost 40 years. He was pastor of Our Lady Help of Christians Church in Newton for 12 years and most recently Chaplain at Brandeis University. He just recently retired and is living in Winthrop. He has a doctorate in sacred theology and has taught at Boston College and the Jesuit School of Theology in Cambridge. He lectures in many churches in the Boston area. He has always taken an active role in interfaith dialogue.

## **2. The Examined Life: Politics and Ethics**

**Monday, June 6 – August 1**

**10:00 – 11:30 AM**

No class on July 4.

What does politics have to do with ethics? *VATICAN CITY — Senator Bernie Sanders, the Democratic presidential candidate, met briefly with Pope Francis at the Vatican on Saturday morning, April 16, 2016, before the pontiff's trip to Greece. "I conveyed to him my great admiration for the extraordinary work that he is doing all over the world in demanding that morality be part of our economy," Mr. Sanders said during his flight back to New York from Rome. "We have got to move toward a moral economy, not simply an economy based on greed," he added. Mr. Sanders, who had attended a conference at the Vatican on Friday, said he had also thanked the pope for his encyclical last year calling for action on climate change (April 16, 2016).*

The politicians engaged in the current Presidential race often focus on economics and national security, sometimes mention climate change, but seldom do they include ethics as an explicit topic. They do not hesitate to make moral claims about marriage, sexual reproduction, racial and gender equality along with the freedom to speak, write, worship, and bear arms; but there is profound disagreement about why or even whether those claims can be justified. Philosophical ethics is concerned with justifying moral claims; politics is concerned with responding to and acting on those moral claims.

In this course we will focus on one urgent moral question: Can we avoid the extinction of the human species? According to a plaque in the Museum of Natural History, "Right now we are in the midst of the Sixth Extinction, this time caused solely by humanity's transformation of the ecological landscape." If human beings do not act to reverse this trend immediately, it will be too late. This is an eight week course.

Required reading: *Ethics in a Democracy*, Agora publications, 2008.

Course leader: Albert A. Anderson, Ph.D., President of Agora Publications ([www.agorapublications.com](http://www.agorapublications.com)), Professor of Philosophy Emeritus, Babson College. He has taught several courses at Lasell Village.

### **3. The Great Symphonic Works: History and Theory of the Best-Loved Symphonies**

**Monday, June 13 – July 25, 2016**

**1:00 – 2:30 PM**

No class on July 4.

Join Sarah Hager in exploring the great symphonic works. Starting with the symphony's origins in the Baroque Era, and ending with the great Romantic works, this class will delve into both the history and theory of these great works. You'll learn why Bach's now-famous *Brandenburg Concertos* weren't performed until many years after his death, and how Haydn used a symphony to make a statement about his orchestra's unfair working conditions. In looking at Beethoven's compositional technique, you'll understand what helps make *Beethoven's Fifth* remarkable, memorable, and justifiably the most famous piece of Western Classical music. Along our journey through the history and development of the symphony, we'll listen to works by Bach, Haydn, Mozart, Beethoven, Brahms, Berlioz, Dvorak, and more! This is a six week course.

Required reading: Handouts will be provided by the course leader.

Course leader: Sarah Hager is a versatile keyboardist and conductor with a diverse repertoire ranging from Baroque music to musical theater to new music. Ms. Hager holds a M.M. in historical keyboards from the Longy School of Music in Cambridge, MA, as well as B.M. and B.A. degrees in piano performance and music history & literature. In addition to performing, she enjoys writing about music, and is currently the program annotator for the Cape Ann Symphony. She works as music director and organist at Lexington United Methodist Church, and has most recently directed with The English Concert Masterclass, MIT Gilbert & Sullivan Players, the Lexington Choral Festival and the Lasell Village Voices of Experience. In addition, Sarah performs and teaches in the Boston area on piano, organ, and harpsichord.

### **4. Introduction to the Psychological Analysis of Literary Characters**

**Monday, June 6 – July 18, 2016**

**3:00 – 4:30 PM**

No class on July 4.

This exciting course offers an overview of the major approaches to psychological analysis, including personality psychology, Freudian/psychodynamic, evolutionary, cognitive, behavioral, clinical, and eastern/Buddhist philosophies. In addition to learning the basics of different psychological approaches to understanding human motives, personality, and behavior, the students will apply those approaches to famous or their favorite literary characters. This is a six week course.

Required reading: *The Great Gatsby* by F. Scott Fitzgerald, ISBN-13: 9780743273565.

Course leader: Leia Friedman, M.S. in Clinical Psychology, is a professor of psychology at Lasell College and Bunker Hill Community College. Next to psychology, literature and stories are some of her favorite topics of conversation. She has travelled to over 30 countries doing volunteer work, outdoor explorations, consciousness expansion and studying holistic approaches to emotional wellness.

## 5. Writing the Stories You Want to Tell

**Tuesday, May 31 – June 28, 2016**

**10:00 – 11:30 AM**

Have you wondered what form best captures the stories and arguments you want to make? Many writers use the same material over and over again, using essays, memoirs, and fiction to cast and recast that which they most want to say. Figuring out the right structure -- or structures -- for your work is an engaging challenge, involving the fun of discovery as you delve into a variety of ways to communicate experience. We'll look at the ways in which noted writers share their vitality and sense of the world, and concentrate on how you can best do that, too. For the first class, please read *Frank Sinatra Has a Cold* from the *Gay Talese Reader*, and bring a project you have in hand, or are ready to start to write and discuss in new ways. This course is open to writers at all levels, in all prose genres. This is a five week course.

Required reading: *The Gay Talese Reader: portraits & encounters*, ISBN-13: 9780802776754

Course leader: Madeline Marget has taught writing to adults for ten years, at the Cambridge Center for Adult Education and privately. She is a professional, practicing writer. Her published work includes *Life's Blood*, Simon and Schuster, 1992, which received a starred review in *Publishers Weekly* that referred to her "brilliant reportage" and dozens of book reviews and essays, some of which have been republished in anthologies. She is now working primarily on fiction.

## 6. Current Events

**Tuesday, May 31 – July 19, 2016**

**11:00 AM – 12:00 noon**

This will be a participant directed discussion course concerned with current events. Each week, participants should be prepared to offer a summary of one or more current events and to participate in the discussions. Who doesn't have an opinion on what's going on in the world? Come and share your thoughts on a variety of new subjects! This is an eight week course.

Required reading: Participants must follow the news on a daily basis and may choose newspaper(s), news magazines(s), radio and/or TV news broadcasts or other mediums as resources.

Course leader: Professor Harvey Swack, MBA, taught numerous business courses at Mount Ida College and looks forward to transferring his bi-weekly Village Current Events class to a weekly format. He has been a Lasell Village resident since January 2015. This is an eight week course.

## 7. Notable Trials in U.S. History

**Tuesday, June 7 – July 26, 2016**

**1:00 – 2:30 PM**

This course will examine in depth ten famous trials in U.S. history: the Salem witch trials, the Peter Zenger case, the Haymarket riot case, the Scopes trial, Sacco-Vanzetti, the Alger Hiss trials, the trial of the Rosenbergs, the Oppenheimer hearing, the trial of the "Chicago Seven" and the trial of O.J. Simpson. All these trials attracted great public interest. We will study the background to each case, the story of the trial and its aftermath, and the impact of the trial on society. This is an eight-week course.

Required reading: The course leader will provide readings.

Course leader: Lasell Village resident Leo Sartori is a retired professor of physics and of political science. He has served on the faculties of Rutgers, MIT, and the University of Nebraska-Lincoln. He has had a lifelong interest in political history.

## **8. Ceramics: Handbuilding**

**Tuesday, May 31 – July 26, 2016**

**2:00 – 4:00 PM**

No class on July 19.

Learning the techniques of ceramic handbuilding is fun, exciting, and challenging. Handbuilding involves the forming of clay into functional objects such as bowls, vases, and pitchers, as well as sculptural pieces such as figures, heads, and animals. Pinching, squeezing, flattening, and making coils with the clay are some of the skills we will learn in order to make these pieces. Classes will begin with a demonstration and step-by-step instructions for the day's project. Select pieces will be glazed and fired in a kiln. No prior knowledge is needed, however, clay manipulation is an important part of handbuilding and requires strength to work the clay. Experienced students will have the opportunity to develop more advanced skills and work on more challenging projects. This is an eight week course.

Class materials: There will be a \$50 fee per student, covering the cost of clay, glazes, and firing.

Course leader: Claire Anderson has taught pottery in her Auburndale studio, at Newton Community Education, at the Radcliff Pottery Studio, and in Reykjavik, Iceland. She completed a ceramics apprenticeship in Ann Arbor, Michigan, and has attended art classes at the Museum School at the M.F.A. in Boston and at Wellesley College. She received her Master's in Education from Harvard University and her B.A. from the University of Michigan.

## **9. George Gershwin: His Life and Artistry**

**Tuesday, June 7 – 28, 2016**

**2:00 – 3:30 PM**

This four-week course will first explore the early background of George Gershwin, his student days and years as a song 'plugger' in *Tin Pan Alley*. We will then delve into his orchestral works, such as *An American in Paris* and *Rhapsody in Blue*, as well as his pieces for the piano. George and Ira Gershwin teamed up for several Broadway shows and we'll look at many familiar song hits. Lastly, there will be an in-depth study of Gershwin's famous opera, *Porgy and Bess*, which opened on Broadway, and has become a favorite opera of audiences all over the world. Each class will include video clips of musical selections. Longer excerpts will be scheduled on Channel 918 after each class. This is a four week course.

Required viewing: Videos will be broadcast on Channel 918.

Course leader: Helen Sagan earned a BA in music and an MA in musicology from Boston University. She has been teaching opera appreciation to adult learners for more than 15 years. In addition to researching and teaching, she has also performed in many operas, appearing several times with Sarah Caldwell's Opera Company of Boston. Helen has taught at the Osher Lifetime Learning Institute, BOLLI at Brandeis University and the Wellesley-Weston Lifetime Learning, and is currently a lecturer at the Chautauqua South Program at the Martin County Library in Stuart, Florida and on cruise ships.

## **10. How to Navigate Your Apple Laptop (Advanced Beginner)**

**Tuesday, June 7 – 21, 2016**

**3:00 – 4:30 PM**

If you think computers are too confusing or just plain scary, come to this hands-on class. You will learn how to use the settings on your computer to navigate the system to find what you are looking for. Does it feel like everybody is using the Internet but you? Do you believe the Internet would be too confusing? Well this class is for you. Discuss your online options, understand how to move around and find new places to click to and how to bookmark. Learn features of using email to communicate online by formatting, creating folders, saving pictures, adding contacts to your address book, and managing sent and received emails. This is a three week course.

Required materials: Bring your Apple laptop. Handouts will be provided by the instructor.

Course leader: Pamela Alakai is a Graduate Student at Lasell College doing her Master degree is Management. She is also an IT consultant at the Lasell College IT department. She has been an IT consultant since 2008 when she joined Colby College for her undergraduate education and has loved it since then. Pamela enjoys dancing, swimming, and spending time with her friends and family.

## **11. How to Navigate Your Dell, HP, Toshiba, etc. Laptop: everything except Apple (Advanced Beginner)**

**Tuesday, June 28 – July 12, 2016**

**3:00 – 4:30 PM**

If you think computers are too confusing or just plain scary, come to this hands-on class. You will learn how to use the settings on your computer to navigate the system to find what you are looking for. Does it feel like everybody is using the Internet but you? Do you believe the Internet would be too confusing? Well this class is for you. Discuss your online options, understand how to move around and find new places to click to and how to bookmark. Learn features of using email to communicate online by formatting, creating folders, saving pictures, adding contacts to your address book, and managing sent and received emails. This is a three week course.

Required materials: **Bring any brand laptop except Apple.** Handouts will be provided by the instructor.

Course leader: Pamela Alakai is a Graduate Student at Lasell College doing her Master degree is Management. She is also an IT consultant at the Lasell College IT department. She has been an IT consultant since 2008 when she joined Colby College for her undergraduate education and has loved it since then. Pamela enjoys dancing, swimming, and spending time with her friends and family.

## **12. Honeydew: Selected Short Stories by Edith Pearlman**

**Wednesday, July 6 – August 3, 2016**

**9:30 – 11:00 AM**

Edith Pearlman's latest short story collection *Honeydew* has much significance for its local color, personal resonance, and her short story skills. We will share selected stories for five classes. For the first class on July 6, please read; *Tenderfoot*. Other selected stories to follow. This is a five week course.

Required reading: *Honeydew* by Edith Pearlman, ISBN-13: 978-0316297233.

Course leader: Sorel Faith Berman earned a Master of Arts in English and American Literature from the Bread Loaf School of English at Middlebury College. She is a retired teacher of English in the Brookline Public Schools.

## **13. Painting in Watercolors**

**Wednesday, June 1 – July 20, 2016**

**10:00 – 11:30 AM**

Each week there will be a discussion of a famous watercolor artist, such as Homer and Sargent or a technique used in watercolor painting such as “washes” and “dry brush”. A still life will be available but class members are encouraged to bring objects they wish to paint from. Pointers will be given about painting from photos. There will be instruction for newcomers and problem solving for long-time artists. All levels welcome! This is an eight week course.

Required materials: Please bring a pencil, eraser and sketchbook to the first class and watercolor supplies that you may have on hand. Supplies will be discussed at the first class. If you do not have supplies, the approximate cost is \$55.

Course leader: Originally from Buffalo, NY, Jeanne Gugino graduated from the State College of New York with a B.S. degree in Art Education and moved to Boston shortly after. She taught art in New York and Massachusetts public schools. After attending Mass College of Art

and the Boston Museum School, she became a member, instructor and trustee of Kaji Aso Studio Institute for the Arts. She currently is instructor of drawing and painting at New Art Center and Newton Community Education. She has exhibited in Siena, Padua and Venice, Italy; Shinjuku and Tokyo Japan; The Queen's Gallery in London, England; colleges and galleries in New York and Massachusetts. She is the former President of the Newton Art Association. In April 2016 Jeanne will give a watercolor workshop at the Burchfield Penny International Center for Watercolor in Buffalo, NY.

#### **14. Jews in America – Newport to New York and Beyond**

**Wednesday, July 6 – August 3, 2016**

**10:30 AM – 12 noon**

Or

#### **15. Jews in America – Newport to New York and Beyond**

**Wednesday, July 6 – August 3, 2016**

**1:00 – 2:30 PM**

From Colonial times on, Jews have played an integral part in American culture and have made important contributions on all levels of society. This course will highlight some of the major events, people, and places that are part of the American Jewish experience. From the immigration of the Sephardic Jews in the 17th century to the thousands who passed through Ellis Island, to the Lower East Side of New York, the road was paved for many to enter a land where they could practice their religion and become an important part of the great American melting pot. This five week course will look at Jewish Americans over the past 300 years and their roles in politics, industry, the arts, and education and how the practice of their religion has adapted to life in America. Material for this course will be taken from *American Judaism* by Jonathan Sarna and *The Jewish Americans* by Beth Wenger. In addition the PBS special, *The Jewish Americans*, a documentary produced by David Gruber, will be used to enhance the course. This is a five week course.

Required reading: Handouts will be provided by the course leader.

Course leader: Israella Abrams received her BA from Clark University and her M.Ed. from Wheelock College. Niece of Village resident, Sis Kazis, she is a librarian at Swampscott Public Library. Ms. Abrams facilitates and moderates book groups on the North Shore as "The Reading Woman".

#### **16. How to Navigate Your iPhone (Advanced Beginner)**

**Wednesday, June 1 – 15, 2016**

**1:00 – 2:00 PM**

This course is for the advanced beginner iPhone user who wants to learn more about their phone and its capabilities. Adjust your iPhone setting for contacts, email, photos, apps, facetime and more. Learn about sending and saving pictures. Explore the world of apps and customize your phone with apps that are most useful to you. Learn quick and easy short cuts to make your life easier! This is a three week course.

Required materials: Bring your iPhone. Handouts will be provided by the instructor.

Course leader: Andrea Pepka Goncalves earned her BS in communication disorders from Worcester State University and is an Activity Director certified by the National Certification Council of Activity Professionals. She has been using computers for over 25 years and is known as the "technology guru" amongst her friends. Andrea is the daughter of Carla Pepka, Director of Resident Programming at Lasell Village.

## 17. How to Navigate Your iPad (Advanced Beginner)

Wednesday, June 22 – July 6, 2016

1:00 – 2:00 PM

This course is for the advanced beginner iPad user who wants to learn more about their iPad and its capabilities. Adjust your iPad settings for contacts, email, photos, apps, facetime and more. Learn about sending and saving pictures. Explore the world of apps and customize your iPad with apps that are most useful to you. Learn quick and easy short cuts to make your life easier! This is a three week course.

Required materials: Bring your iPad. Handouts will be provided by the instructor.

Course leader: Andrea Pepka Goncalves earned her BS in communication disorders from Worcester state University and is an Activity Director certified by the National Certification Council of Activity Professionals. She has been using computers for over 25 years and is known as the “technology guru” amongst her friends. Andrea is the daughter of Carla Pepka, Director of Resident Programming at Lasell Village.

## 18. Voices of Experience – Annie Get Your Gun

Wednesday, June 8 – July 27, 2016

2:00 – 3:30 PM

Performances: Tuesday, August 2

2:00 – 3:00 PM

Wednesday, August 3

2:00 – 3:00 PM

Join the Voices of Experience this summer in presenting *Annie Get Your Gun*, a musical retelling of the life of Annie Oakley. Full of comedy and sparkling music, you’ll enjoy favorites like *There’s No Business Like Show Business* and *Anything You Can Do*, as well as lesser-known numbers. Music is by Irving Berlin, with book by brother/sister team Dorothy and Herbert Fields. First performed on Broadway in 1946, the show was a hit. The show centers on Annie, the rough-and-tumble heroine who becomes a member of Buffalo Bill’s Wild West Show after she wins a sharpshooting contest with notorious Frank Butler. A little piece of history, you won’t want to miss these upbeat, singable tunes!

Course leader: Sarah Hager is a versatile keyboardist and conductor with a diverse repertoire ranging from Baroque music to musical theater to new music. Ms. Hager holds a M.M. in historical keyboards from the Longy School of Music in Cambridge, MA, as well as B.M. and B.A. degrees in piano performance and music history & literature. In addition to performing, she enjoys writing about music, and is currently the program annotator for the Cape Ann Symphony. She works as music director and organist at Lexington United Methodist Church, and has most recently directed with The English Concert Masterclass, MIT Gilbert & Sullivan Players, the Lexington Choral Festival and the Lasell Village Voices of Experience. In addition, Sarah performs and teaches in the Boston area on piano, organ, and harpsichord.

Choose one:

### 19. The Election of 2016

Thursday, June 23 – July 28, 2016

10:30 AM – 12:00 noon

Or

### 20. The Election of 2016

Thursday, June 23 – July 28, 2016

1:00 – 2:30 PM

Or

### 21. The Election of 2016

Thursday, June 23 – July 28, 2016

3:00 – 4:30 PM

One of the more enduring qualities of the American democratic system is its process of selection of the executive. Some have been much more memorable than others. The 2016 election will surely go down in the history books as an outlier election. Or will it? This series of inquiries will take the 2016 election apart to determine if and how unique it has been so far. The general election is upon us. We will look at the selection, nomination, and primary

processes with an eye to the historical. We will also take a deeper look at the convention process, the differences between the Democrat and Republican use of delegates, the origins of superdelegates, the primary/caucus choices of the various states and how the candidates performed (or not) during the election up to and including the convention. We will end the inquiry with another prediction, as well as determine options under review by scholars to streamline and enhance the process of selection of the individual to serve in the highest office. This is a six week course.

Required reading: Handouts will be provided by the course leader.

Course leader: Dr. Gary Donato holds a Ph.D. in Political Science/Diplomatic History from the University of Connecticut and is a lecturer at Bentley University; an adjunct professor at Mass Bay Community College, Boston University and Rhode Island College. A retired Naval Officer, he is now an avid traveler, reader, and scuba diver. Gary has worked on both state and national campaigns and was a consultant for eight years for the strategy section of the Department of Homeland Security. In his spare time, he enjoys operas and reading (aloud) medieval romance literature!

## **22. Sustainable Gardening**

**Thursday, June 2 – July 7, 2016**

**10:30 AM – 12 noon**

From war-time Victory Gardens to today's community gardens, we are experiencing a resurgence in the popularity of gardening as a means of expanding personal sustainability. This course will explore topics in organic gardening, biodynamics and permaculture. We will define and discuss key newsworthy items such as genetically modified organisms (GMOs), heirloom varieties, food security, and even the health and spiritual benefits of gardening itself. We will also study garden planning and design from small-scale, indoor window gardens to raised beds and other outdoor options on the Village and Lasell campus grounds. This is a six week course.

Required reading: *The Postage Stamp Vegetable Garden: Grow Tons of Organic Vegetables in Tiny Spaces and Containers* by Karen Newcomb, ISBN-13: 9781607746836.

Course Leader: Dyanna Smith has a 30-year career in the environmental field with a broad spectrum of knowledge and experience in conservation, including field studies of rare plants and wildlife. She merges her environmental work with communications and education, with the personal mission of sharing the inspiration of the natural world. She has conducted field research for the US Fish and Wildlife Service, Southwest Research Station and the Sweet Water Trust and participated in conservation projects in Scotland for three years. A naturalist and educator, Dyanna has developed and led programs for nonprofit centers including Hawk Mountain Sanctuary, in PA, and spent the first part of her career as a raptor rehabilitation specialist. A NH Master Gardener, Dyanna has experience gardening sustainably, and has worked with seacoast NH area farmers and farmers' markets to promote locally focused sustainable agriculture. Her doctoral research focus on small farm sustainable agriculture and communications lead to the production of a film featuring five farms in southern NH. Dyanna teaches Environmental Science, Environmental Ethics, and Sustainable Gardening at Lasell College. She lives in Portsmouth, NH.

## **23. Indian-American Women Writers**

**Thursday, June 23 – July 28, 2016**

**11:00 – 12:30 PM**

The course will focus on the journey of Indian (from the Indian subcontinent) women writers Chitra Banerjee Divakaruni and Jhumpa Lahiri in the USA. We will specifically focus on Jhumpa Lahiri's anthology of short stories, *Interpreter of Maladies*. The book will narrate the life of immigrants and especially lives of women in the diaspora. It will be a literary cultural and an aesthetic experience based on discussion. We will either watch a film or a few clips from

the film *Namesake*, adapted from the book by the same author, to enrich this experience. This is a six week course.

Required reading: *Interpreter of Maladies* by Jhumpa Lahiri, ISBN-13: 9780395927205. The course leader will also provide handouts.

Course leader: Ashmita Khasnabish, Ph.D., currently a lecturer at Lasell College held research positions in MIT, Brandeis and at Brown University for the last two decades. She has published three monographs *Jouissance as Ananda: Indian Philosophy, Feminist Theory and Literature*, (2006, 2003), *Humanitarian Identity and The Political Sublime: Intervention of a Postcolonial Feminist* (2009) and most recently *Negotiating Capability and Diaspora: a Philosophical Politics* as a Visiting Scholar of Women's and Gender Studies Program at MIT. She lectured widely in Europe, India and North America. Her second monograph published while she was a lecturer at Boston University, CGS program was launched at Trinity College, Dublin. She taught at various Colleges and Universities in Massachusetts, and most recently at Boston University, Mass. College of Arts & Design, and Lesley University. In 2013, she started her own TV show called *Author-to-Author* series in LexMedia, Lexington, MA.

## **24. History of Women Artists**

**Friday, June 3 – July 8, 2016**

**10:00 – 11:30 AM**

The History of Women Artists is a general, chronological survey of great women artists from the Middle Ages up to the Modern Period. This course includes the decorative/handicraft traditions as well as painting and sculpture. It also has been called *A Women's View* because iconography and materials often reflect a female sensibility. These major artists have contributed to the innovative techniques and cultural developments establishing the greatest traditions in Art History. This is a six week course.

Required reading: *50 Women Artists You Should Know* by C. Weidemann, P. Larass, M. Klier; Prestel; ISBN-13: 978-3791339566.

Course leader: Suzanne Reilly is an adjunct professor and art historian at Lasell College and has been teaching there since 1986. She is also an ESL instructor of American Art & Culture at Showa Boston Language Institute. She and her husband live in West Roxbury with their Pet-Pal volunteer Spanky.

## **25. The Inner Life: Writing Poems That Know More Than You Do**

**Friday, June 3 – August 5, 2016**

**10:00 – 11:30 AM**

No class on June 24 and July 1.

Poem-making is a mysterious process engaging memory, observation, imagination, and the words that conceive them. In this course, through close reading of poems by Theodore Roethke, and brief free-writing sessions, we will generate rough poems, upon which we will practice strategies for revision. The first four weeks of class will be devoted to the study of poems. The last two weeks will be presentation of poems for critical analysis by the group in class. Poets of all levels are welcome. This is an eight week course.

Required reading: *The Collected Poems of Theodore Roethke* by Theodore Roethke, ISBN-13: 9780385086011.

Suggested reading: If you don't already have one, a good book on prosody. Some suggestions are: *Poetry Home Repair Manual* by Ted Kooser, ISBN-13: 9780803259782; *A Poet's Companion: A Guide to the Pleasures of Writing Poetry* by Kim Addonizio and Dorianne Laux, ISBN: 9780393316544, or any poetry handbook of your choice. Please bring the two texts, a notebook, and pencil/pen to class. Bring a brief new poem of yours to each following class. We will read these aloud weekly.

Course leader: Barbara Helfgott Hyett is a co-founder of the Writer's Room of Boston and is currently the director of PoemWorks: The Workshop for Publishing Poets. For decades she has taught English Language and Literature at Boston University, MIT, and Harvard University, and has won many prizes and awards for her five collections of poetry: *Natural Law*, *In Evidence*, and *The Tracks We Leave*, *Poems on Endangered Wildlife of North America*, *The Double Reckoning of Christopher Columbus*, and *Rift*. She has worked as a Visiting Poet, and poet-in-the- schools nationwide.